

Child Arrangements Planner

A simple worksheet to help you agree routines, reduce conflict, and focus on what works for your children. We recommend using one planner per child.



“Our child’s week” worksheet School weeks

Pick-up / drop-off times:

Overnight schedule:

Homework/activities:

Communication method (e.g. calm + practical):

Weekends

Alternate weekends? Yes / No

Handover point:

What keeps things smooth:

Holidays and key decisions

Half-term split:

Christmas:

Birthdays:

Trips abroad notice period:

Key decisions

School/education updates:

Health appointments:

New partners introductions (if relevant):

If you need help formalising arrangements or resolving a disagreement, we can talk you through your options and next steps.

YORK | SELBY | MALTON | PICKERING

This checklist is for general information only and isn't legal advice. Every situation is different.

“We’ll work together as a team to deliver an excellent client experience – with clear next steps and plain language.”